



## TAIRUA SURF LIFESAVING CLUB

### TAIRUA SCHOOL JUNIOR SURF PROGRAMME (FEB)

This document describes the purpose, aims, and goals of the Tairua School Junior Surf Programme, delivered over 3-weeks, in February each year.. It also describes the SLSNZ ratio requirements for out-of-water and in-water activities, and key roles and responsibilities of all parties involved.

<b>PURPOSE:</b>	Fostering the development of Tairua’s local tamariki by providing engaging opportunities and experiences that promote physical activity, drowning prevention, and the advancement of water safety skills.
<b>KEY AIMS:</b>	<p>Enrich the lives of the participants and their whānau.</p> <p>Use engaging and fun activities focused on an authentic surf lifesaving environment.</p> <p>Create water safe people - tangata moana.</p> <p>Connection to the local community.</p>
<b>OUTCOMES:</b>	<p>Diverse and inclusive opportunities for participants and their whanau.</p> <ul style="list-style-type: none"> <li>- Programmes nurture social, emotional and physical development in a fun and safe environment.</li> </ul> <p>Personal and interpersonal skills.</p> <ul style="list-style-type: none"> <li>- Participants in programmes are actively taught through modelling and instruction on how to develop their personal and interpersonal skills including positive teamwork and friendships.</li> </ul> <p>Knowledge of the coastal environment.</p> <ul style="list-style-type: none"> <li>- Participants have opportunities to develop kaitiakitanga (guardianship) relating to their local area and of their decision making around activities in coastal environments.</li> <li>- Provide opportunities and experiences that build knowledge and skills at the participant’s beach and club.</li> </ul> <p>Physical movement skills.</p> <ul style="list-style-type: none"> <li>- Participants build a lifelong love for physical activity and movement to support wellbeing and health, through exploration of fundamental movement skills across a wide range of activities.</li> </ul> <p>Surf and beach safety skills.</p> <ul style="list-style-type: none"> <li>- Participants will learn surf safety rules, how to identify wave types and how to use waves in a range of situations.</li> <li>- Participants will learn what to do in an emergency, including some commonly encountered surf lifesaving and lifesaving sports situations.</li> </ul> <p>Surf lifesaving and lifesaving sport knowledge and techniques.</p> <ul style="list-style-type: none"> <li>- Participants will learn what to do in case of an emergency including; calling for help, self-rescue and survival using the 3 R’s.</li> </ul> <p>Community engagement.</p> <ul style="list-style-type: none"> <li>- Provides club visibility, leading to an increase in local membership.</li> </ul>



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ROLES	RESPONSIBILITIES
Coordinator (C)	<ul style="list-style-type: none"> <li>● Recruit and coordinate lifeguards for delivery of activities.</li> <li>● Support relevant training, induction, and teambuilding for group leaders.</li> <li>● Develop a basic schedule. This must include tide times of each delivery day, what age group is where (beach or school), what content is covered by who etc.</li> <li>● Stay up to date with SLSNZ communications and resources.</li> <li>● Ensure water safety plans and ratios are met.</li> <li>● Recruit and coordinate parent and volunteer helpers to support age group leaders, water safety and surf lifeguards.</li> </ul>
Surf Lifeguards	<ul style="list-style-type: none"> <li>● To provide the best possible life saving experience for all tamariki, being a positive role model and encouraging long-term active participation.</li> <li>● To support tamariki in active participation, in an encouraging, safe and inclusive beach environment.</li> <li>● To ensure junior members are safe on New Zealand's beaches through building knowledge and experiences in JSP.</li> <li>● To understand the learning outcome / teaching point for each activity and assist with the delivery of this to the squad</li> <li>● Representing Surf Lifesaving NZ and Club (full lifeguard uniform is required or a surf lifeguard rash top when in water).</li> <li>● Report to the Coordinator.</li> <li>● Coordinate delivery of a safe programme. Aware of the safety and welfare of those involved. This includes immediately reporting any concerns to the Coordinator and carrying out dynamic risk assessment during in water activities.</li> </ul>
In-water parent & whānau helpers	<ul style="list-style-type: none"> <li>● Support individuals who make the programme possible by providing required safety ratio numbers.</li> <li>● Fit and able, confident to support in the water.</li> <li>● Must be able to complete 200m buoy swim with confidence, unaided.</li> <li>● Not qualified lifeguards, however a programme for Adult LG award is provided as an option.</li> <li>● Report daily to the coordinator at commencement of each programme day, in order to be allocated to help with a group.</li> </ul>

<b>SAFETY</b>	
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<b>RATIOS</b>	Supplied by Surf Lifesaving NZ  <b>Ratios for Junior Surf activities</b>  <b>1:5</b> Clubs have a minimum ratio of one in-water helper to five participants regardless of conditions.  <b>1:1</b> For participants under 6 years old, it is recommend this ratio drop to one in-water helper to one participant.  <b>1:20</b> One qualified surf lifeguard is present for every 20 participants in the water.  An appointed refreshed surf lifeguard with local knowledge (WSL) is present on the beach watching over the water activities when participants are in the water.
<b>VESTS &amp; CAPS</b>	<ul style="list-style-type: none"><li>• Vests and caps are provided to all participants, guards, and support helpers to ensure they are clearly identifiable.</li><li>• Guards are required to wear full life-guard patrol uniform and appropriate lifeguard rash shirts in the water.</li></ul>
<b>WATER SUPPORT</b>	<ul style="list-style-type: none"><li>• RWC and IRB are utilised.</li><li>• Rescue boards.</li><li>• Lifeguards must carry a tube and fins at all times, if not operating other rescue craft.</li></ul>

Additional Resources:

[Surf Lifesaving New Zealand: Junior Surf Coordinator Handbook](#)

[Royal Lifesaving Society New Zealand: Instructor Resources](#)